

# Inman Recreation Commission

## Wellness Center Policy Acknowledgement and Release Form

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### Member Acknowledgement & Release:

I acknowledge and agree that I have been provided a copy of the wellness center policies and rules. I understand and will abide by all policies listed and any posted rules and signage in the wellness center, or any directions from the IRC Staff, instructors, trainers, and supervisors. I understand the risks; including serious injury and/or death associated with using exercise equipment and exercising alone without the aid of a trainer or supervision and without the presence of wellness center or IRC Staff on the premises. I hereby release and agree to indemnify the Inman Recreation Commission, its officers, agents, board members, employees, instructors, and their insurers from any incident that may arise out of or in connection with my using any of the equipment or facilities of the IRC wellness center or any incident that occurs while using the wellness center's facilities.

Primary Member \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Member 2 \_\_\_\_\_ Date \_\_\_\_\_

Member 3 \_\_\_\_\_ Date \_\_\_\_\_

Member 4 \_\_\_\_\_ Date \_\_\_\_\_

Member 5 \_\_\_\_\_ Date \_\_\_\_\_

Member 6 \_\_\_\_\_ Date \_\_\_\_\_

For Wellness Center members under 18 years of age:

I hereby sign as parent/guardian of all minor children and agree that all minor children are covered by this release and that all minor children have been notified of all the policies and rules governing this wellness center.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_